

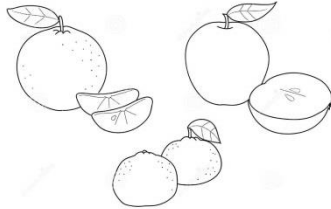
Name \_\_\_\_\_

## Quiz

1.

**What is this?**

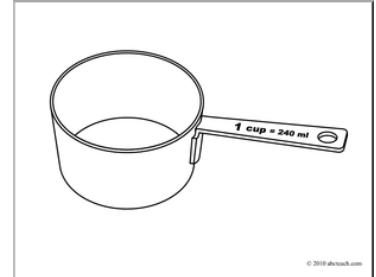
- Ⓐ fat
- Ⓑ grain
- Ⓒ protein
- Ⓓ fruit



2.

**What is this?**

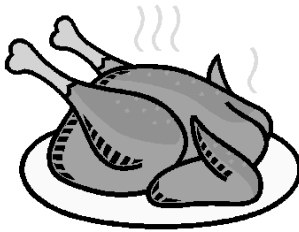
- Ⓐ cup
- Ⓑ sugar
- Ⓒ grain
- Ⓓ vegetable



3.

**What is this?**

- Ⓐ dairy
- Ⓑ protein
- Ⓒ grain
- Ⓓ fruit



4.

**What is this?**

- Ⓐ sugar
- Ⓑ vegetable
- Ⓒ dairy
- Ⓓ fruit



5.

**What is this?**

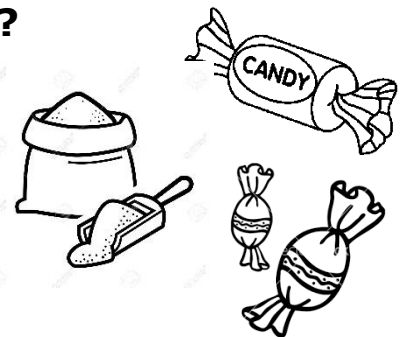
- Ⓐ protein
- Ⓑ cup
- Ⓒ grain
- Ⓓ vegetable



6.

**What is this?**

- Ⓐ fat
- Ⓑ sugar
- Ⓒ dairy
- Ⓓ vegetable



**Quiz**  
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**7.**

**What is this?**

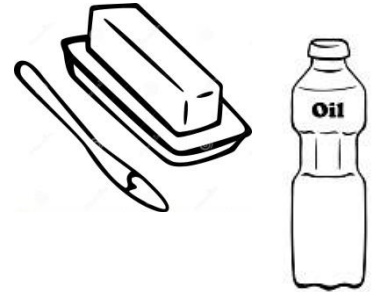
- Ⓐ fruit
- Ⓑ fat
- Ⓒ grain
- Ⓓ dairy



**8.**

**What is this?**

- Ⓐ fat
- Ⓑ healthy
- Ⓒ fruit
- Ⓓ grain



**9.**

**What is this?**

- Ⓐ dairy
- Ⓑ grain
- Ⓒ sugar
- Ⓓ protein



**10.**

**What is this?**

- Ⓐ grain
- Ⓑ healthy
- Ⓒ fat
- Ⓓ dairy

